

We'll meet at the Wheatsheaf at 11:00. Tutus will be available. Bring a packed lunch if you'd like.

We'll go through Bentley, up to East Bergholt, back along Straight Road to the A137, ride on the pavement if you feel safer, cross the bridge into Stutton than back to the Wheatsheaf.

Easy ride, 3 hills you can walk up if need be.